Cancer Protocol

NEW START WITH ESSENTIAL OILS

Nutrition: Eat the Calories required to maintain your ideal body weight, of good quality, high nutrient, Organic when ever possible, Foods. Pay special attention to alkaline foods including lots and lots of raw vegetables, Cancer likes an acidic environment.

Exercise: 30 minutes everyday of consistent movement at whatever level you can move, stroll, walk, speed walk, run, bike, swim it doesn’t matter as long as you push yourself at what ever level you are at. Then in addition moving frequently, don’t sit more that 20 minutes at a time.

Water: Drink a minimum of 10-8ounce glasses of pure water, (filtered if city water) drink it out of glass or stainless steel containers. Add Lemon essential oil to all your drinking water, to flush toxins out of your system and aid in making a more alkaline environment. More water if you are a larger person. You need to continually flush

Sunshine: When you have the opportunity to get Sunshine, take it! Get at least 15-30 minutes a day of bare arms and some leg exposure, depending on skin type. When no sun is available take 6,000 – 8,000 units of Vitamin D3 per day. Vitamin D is an immunity vitamin.

Temperance: Be moderate in all things that are good for you, and do not do the things that are bad for you. Avoid at all costs: Alcohol, tobacco, caffeine, sugar and non-nutritious sweets, Non prescription drugs, Toxic environments, and putting anything harmful in or on your bodies. This includes many cleaning and skin care products.

Air: Open windows and air out the house, keep air fresh and oxygenated, every half hour practice deep breathing, for at least 15 breathes, Cancer cells don’t like oxygen. Back to exercise, to keep blood and oxygen flowing.

Rest: Make every effort to get 7-8 hours of restful sleep per night; this is when your body rebuilds. When you are tired during the day take short rest breaks.

Trust in Divine Power: This may mean different things to different people, but you have to have faith and hope and a positive attitude because the body listens to the mind. This step is very important; A positive attitude goes a long way here. Smile.
Essential Oils by doTERRA (The Brand is only because what I am telling you to do entails taking them internally and I know I can trust the quality of dōTERRA’s oils because of the rigorous testing they go through to make sure they are pure with no fillers, pesticides or herbicides) This protocol had been successful in turning around the advancement of cancer by supporting the body so it could heal itself, in some cases that I am personally aware of. You can do it by itself or in addition to what ever your Doctor and you decide to do.

First: Get DDR Prime capsules and oil, Take 6-8 capsules per day and put a roller cap on the DDR Prime oil or put it in a roller bottle and apply it over the area where the cancer is every 1-2 hours during waking hours.

Second: Use Frankincense in a roller bottle externally on the spine, on the bottoms of your feet, and over the skin near where ever the cancer might be. Do this every 1-2 hours while awake.

Third: Take the Life Long Vitality pack Faithfully everyday. It has all the vitamins, minerals, nutrients, and anti-inflammatory building blocks that your body needs. You may just require additional Vitamin D depending on where you live and your access to sunlight.

Fourth: Add Lemon or Lime essential oil to your drinking water to help flush out the toxins.

Treat individual Symptoms with the appropriate oils, remember there are many oils and each will treat many things and each problem can be treated by many oils.

Examples;
Nausea-Digestzen, peppermint, ginger
Pain-Deep Blue, Wintergreen, Helichrysum, Past Tense, Lemon Grass
Congestion-Breathe, Basil, Lime, Rosemary, White Fir, Peppermint
Infection-On Guard, Oregano, Melaleuca
Burns-Lavender
Depression-Wild Orange, Citrus Bliss, Peppermint
Anxiety- Lavender, Serenity
Anger and irritability- Elevation
Sleep-Lavender, Serenity, Vetiver
Allergies- Lavender and lemon and peppermint

These are just a very few of the possibilities, Look up your symptoms in the modern Essential book or go to www.everythingessential.me and look under health concerns.
Product Description

dōTERRA’s DDR Prime™ Essential Oil Cellular Complex is a proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils combined to support healthy cell biogenesis, function, and renewal. DDR Prime includes the pure aromatic compounds of frankincense, wild orange, lemongrass, thyme, summer savory, clove, and niaouli that have been shown in clinical studies to support cellular health and vitality.

Concept

As the basic structure of all living things, cells perform three primary functions: they make copies of themselves, they perform a specialized function, and they self-destruct when they are not performing their first two functions correctly. As we age, cellular function can be compromised by poor nutrition, obesity, stress, and exposure to harmful environmental influences such as infectious microorganisms and toxic chemicals. When cellular DNA and other structures are compromised, cells can fail to regenerate, fail to function as programmed, and fail to initiate the normal and healthy process of cellular turnover and renewal.

Cellular Renewal through Apoptosis

Cells have a limited lifespan for performing their many unique and specialized functions in an organism. A normal and natural mechanism for maintaining optimal cell function is a process of cellular renewal called apoptosis in which older cells are eliminated through a process of self-regulated destruction, and new cells are made to replace old cells. Through this process, humans replace the approximate equivalent of their body weight in new cells every year! If cellular apoptosis and regeneration are compromised, sub-optimal health conditions may follow. Staying young and enjoying a long life of vitality begins with healthy cellular function.
Free Radical Molecules and DNA

Free radical molecules are molecules with one or more unpaired electrons that can potentially damage cellular structures including cellular DNA. Found in the nucleus of each cell, DNA stores the instructions for cellular regeneration, function, repair, and apoptosis. When DNA is compromised, cell function can be compromised and unhealthy conditions such as the early onset of degenerative conditions associated with aging can be accelerated.

Antioxidants are molecules with one or more electrons to spare. Antioxidants can neutralize free-radical molecules stopping their destructive cycle of damage to cellular DNA and compromised cellular function. Although our bodies can produce some antioxidants, we primarily depend on dietary sources of antioxidants to neutralize free-radical stress on cells. Eating foods that are rich in natural antioxidants, such as fruits and vegetables, managing stress, and limiting our exposure to external sources of toxic free-radical molecules can help support cellular longevity and vitality.

DDR Prime™ Essential Oil Cellular Complex

DDR Prime Essential Oil Cellular Complex is a proprietary blend of Certified Pure Therapeutic Grade® essential oils that have been shown in clinical studies to help protect cells against free-radical damage while supporting healthy cellular function. The blend includes clove, thyme, and wild orange essential oil, providing powerful antioxidants that help protect cellular DNA from free-radical damage. It also includes essential oils from Boswellia frereana (frankincense), lemongrass, summer savory, and niaouli that have been shown to support cellular apoptosis and renewal.∗

DDR Prime is available as a pure blend in a 30 ml bottle, or in a liquid capsule format that includes doTERRA’s Nanosomal Lipid Assimilation System for improved bioavailability and digestion.

Primary Benefits

• Supports healthy cell proliferation and lifespan by reducing oxidative stress to DNA and other critical cell structures∗
• Supports healthy cellular apoptosis and renewal∗

What Makes This Product Unique?

• A proprietary blend of CPTG Certified Pure Therapeutic Grade® essential oils of frankincense, wild orange, lemongrass, thyme, summer savory, clove, and niaouli
• One 8-drop serving (480 mg) has an ORAC 5.0 score of over 5,000
• Available in a 30 ml bottle, or as a liquid capsule with Nanosomal Lipid Delivery System

Who Should Use this Product?

DDR Prime is formulated to be used by adults concerned with cellular regeneration, function, and renewal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.
Directions for Use

Oil Blend: Adults, take 4 drops, two (2) times a day with food. Can also be used topically. Use only as directed.

Liquid Capsules: Adults, take 1 liquid cap, two (2) times a day with food.

DDR Prime Cellular Complex
30 ml bottle

Item code: 41510001
Consultant price: $55.00 (55 PV)
Preferred customer: $58.67
Retail customer: $73.33

DDR Prime Cellular Complex
60 liquid caps

Item code: 41740001
Consultant price: $55.00 (55 PV)
Preferred customer: $58.67
Retail customer: $73.33

30 ml Essential Oil

**Proprietary Blend: 480 mg **
Frankincense (Boswellia frereana) oil  **
Wild Orange (Citrus sinensis) oil  **
Lemongrass (Cymbopogon flexuosus) oil  **
Thyme (Thymus vulgaris) oil  **
Summer savory (Satureja hortensis) oil  **
Clove (Eugenia caryophyllata) bud oil  **
Niaouli (Melaleuca quinquenervia) oil  **

Supplement Facts
Serving Size: 8 drops
Servings per Container: 60
Amount Per Serving  %DV
Proprietary Blend:  480 mg  **

60 liquicaps

Supplement Facts
Serving Size: 2 Liquicaps
Servings per Container: 30
Amount Per Serving  % Daily Value
Proprietary Blend:  480 mg  **
Frankincense (Boswellia frereana) oil  **
Wild Orange (Citrus sinensis) oil  **
Lemongrass (Cymbopogon flexuosus) oil  **
Thyme (Thymus vulgaris) oil  **
Summer savory (Satureja hortensis) oil  **
Clove (Eugenia caryophyllata) bud oil  **
Niaouli (Melaleuca quinquenervia) oil  **

**Daily Value not established.

Other Ingredients: Fatty acid of coconut, gelatin, silica, fatty acid of palm.
A lead researcher at the University of Oklahoma published a study demonstrating that **FRANKINCENSE oil suppresses CANCER** and works to kill the cancerous cells, while leaving **normal healthy cells alone**.
This is a local woman's story: I have met both her and her Mom at a class:

MY MOTHER'S CANCER MIRACLE

2013-06-29 May Davies' re-telling of BeBe McFall's mom's testimony of how she used doTERRA CPTG essential oils to overcome cancer

BeBe is a police officer from Washington State who's been using doTERRA essential oils for a couple years now on herself, family, and even her baby. Here is the condensed account she gave, as told by me, of her mother's experience beating cancer using doTERRA CPTG essential oils. BeBe's mom also lives in WA.
A MIGHTY RUDE AWAKENING!

Back in December 2012, BeBe's mom had just arrived at her little vacation home in a little one-horse town in CA, when she suddenly felt sick, like she couldn't breathe, and had a lot of pain in her back. When she went to the doctor there, those were her main complaints. She was told she had asthma and to go home and use an inhaler.

BeBe's mom knew something bigger was going on, as she'd never suffered from asthma ever in her life, but 8 years prior, she HAD suffered from breast cancer and underwent a lumpectomy and radiation, followed by 5 years of a pill to try to prevent reoccurrence. She was admitted to the hospital on December 6th, 2012, and from there, many tests ensued. She was told she had double pneumonia and she had a mass in her left lung. Her lungs were full of fluid, but no one yet knew about the presence of cancer, although BeBe's mom suspected it. She progressed downhill VERY rapidly.

Surgery was performed, she was put on oxygen, and put a tube was put in her chest to drain out the POUNDS of fluid that had accumulated in her chest. She was struggling to breathe and was put on 3 different pain meds.

The doctors had notified BeBe that the medical community didn't know what was going on, but they believed her mom wouldn't even make it through the weekend and that she should come say her goodbyes right now. When BeBe arrived she was shocked to see her mom hooked up to all kinds of machines and looking as if she'd aged 30-40 years in just a couple of months.

BeBe knew what to do prior to flying down to CA, and she prepared by bringing her doTERRA CPTG frankincense, which she knew could work miracles. She started applying it to her mother's feet regularly, because the feet have the largest pores on the body and the most pores per square inch, and from there, they absorb into the bloodstream within 30 seconds. BeBe had to catch a flight home within 24 hours, so she applied the oils very, very frequently. The body will not overdose on oils, and unlike OTC and prescription pharmaceuticals, the oils can be applied as frequently as every 15 minutes. She gave her family a regimen, and planned to bring more oil down on her next visit. She also used DigestZen for her mom's constipation and Wintergreen for her pain, plus DDR Prime.

Turns out BeBe's mom did have spinal cancer that had moved to the lungs, and then from there it had metastasized (gone systemic and spread throughout the body). She was diagnosed with STAGE 4 CANCER. Because it was such a small town, there was only one overworked oncologist who said that in addition to her advanced case and because she hadn't seen him before, he could not fit her in to a visit. The said there was nothing they could for her, and were going to send her home with hospice.

This all took place IN ONE WEEK.

CROSSING THE LINE

From hospitalization to the decision to send her home with hospice was one week. At that
point, they were saying she may only have a couple weeks left to live. She arrived back in WA a week before Christmas, and hospice had been preparing the family as to what to expect as the body started shutting down. The patient will not want food or drink, and not to force-feed them or put fluids in their mouth if they don't want it or can't swallow. When BeBe's mom got home, she did not want any food or drink for 3 days. Essentially, her mom was right on her deathbed.

BeBe knew that the essential oils, she would need to be drinking a lot of fluid, because the oils detox the system, and the body needs water to flush them out. Well she decided “What the heck! There is nothing to lose.” and gave her the oils anyway. Her whole family took shifts administering the oils to her mom 24/7, 2 people at a time, because it took 2 people to lift her to the bathroom

Then finally on the 3rd day, she said that she was hungry and she wanted to eat, which was huge progress!! They got her whatever she wanted. This is when her slow turnaround started. It was incremental, but noticeable! There were some great days punctuated by some days of setback, but overall, there was a progression towards healing, coming off her oxygen. The more she ate, the more oils BeBe would give her. When she started eating on her own, BeBe started giving her the oils internally in addition to topically. They put the frankincense undiluted (“neat” means undiluted) topically on the protruding cancerous lump on her back where it was on her lungs and spine, and used wintergreen neat topically wherever she had pain. The wintergreen was very effective at taking her pain away! She was very happy about this because she hated all the pain meds (she was on 3 different kinds) and the adverse effects they had on her other body systems. They were causing her to become sick to her stomach, to vomit, to be constipated, it would knock her out, and she hated it, so she refused any more pain meds.. Wintergreen was a welcome and effective alternative!! She loved it!!

**PROGRESSION**- the next 3 weeks The upward progression was still difficult at times. There were days she felt so bad she thought she was going to die, but BeBe would encourage her with words of life, and the next day she would have a really good day. That's the way it is in recovery. Finally she progressed to the point where she could get herself out of bed herself a little bit with help, and to the potty by herself. Then she could take a few steps with the walker from the bed to the couch that had been placed at her bedside. After progressing more, she didn't want to use her hospice bed in the living room, which she called her “deathbed”, asking questions like, “I wonder how many people have died in that bed?” which was really hard for BeBe and her family to hear. They helped her get to her own bed and got rid of the hospice bed.

When she started walking around the house on her own, sometimes she would forget to put her oxygen on, but she was still doing well, even without it! Then there'd be times when she'd need her oxygen again for a little bit, but she kept progressing in her mobility, breathing on her own and increasing her appetite.

Finally, by mid January she was well enough to fly back to Washington, where most of the family was, where she could get more care and be more accessible to family. She was flown to Seattle where she was able to see the oncologist she'd had when she was
diagnosed with cancer 8 years prior. He did not see her in the death-bed condition she'd been in 3 weeks prior, but up and walking around, and only using oxygen every now and then for extra support. Even though she was still really tired (as the body was still fighting cancer and flushing toxins), she was doing infinitely better!

The doctor said he would NOT put her back in hospice, that she was doing great, and within a week or so of her being in Washington, her doctor said to her, “You're doing so well, I can see you still living in the next 10 years!” That is HUGE considering just 3 weeks prior she'd been ready to take her last breath! This is how FAST the oils work to kill cancer, but mind you, they were not just using one drop of frankincense per day. In the initial stages, they were going through a bottle every week and a half. When it comes to cancer, we're not messing around, but you can see frankincense can even bring a person back from the brink.

It wasn’t until she got back to Washington that she found out just how far her cancer had progressed and how much of it had taken over her body. Her doctor told her that her cancer was RAPIDLY DYING and that her blood was full of dead cancer cells. He was honest with her and told her, “I know nothing about dōTERRA essential oils.” as most doctors don't. Many of them may be afraid or them or skeptical, but there is extensive scientific research available on a website called www.aromaticscience.com, which is the brain-child of Dr. David Hill, dōTERRA’s Chief Medical officer and also one of it's founders.

OTHER FRINGE BENEFITS

In California while the family of about 9 or 10 people were taking turns in shifts caring for BeBe's mom, a big old nasty virus came through the house, and everybody was coughing, hacking, sick and upset to their stomachs. BeBe and her mom never got sick, and thank God, because that bug may have taken advantage of her weakened state and been able to kill her, since she was having such a hard time breathing anyway. Frankincense, as it turns out, in addition to being anti-carcinogenic, among other things, has also been clinically proven to kill MRSA, the antibiotic-resistant strain of staphylococcus. BeBe also kept the oils diffusing by her mom's bedside 24 hours per day. When On Guard is diffused it kills every airborne pathogen, including MRSA, as the oil is actually shot up in an ultrasonic mist into the air. From there, it lands on surfaces and kills pathogens, including MRSA, for up to 8 days.

TODAY BeBe's mom is not using ANY type of mainstream medication, chemo, or radiation for her cancer. She is only using her oils, and Lifelong Vitality, and it is killing her cancer at a rapid, rapid rate. She is spending probably $300-$400 per month on her oils, and she's getting them at 25% off.

As of early May 2013, BeBe's mom is doing all kinds of things, including gardening like nobody's business, and is about to head back down to her vacation home in California. She's been invited to participate in cancer research studies with some hospitals in the
Seattle area that specialize in cancer studies. The medical field is learning about this, and a lot of people are excited. Her doctor told that he didn't need to see her for 3 more months because she is doing SO well. She has tons of energy now, and is such a believer of these oils that she's attended 3 of BeBe's classes in 5 days, because she is so empowered and wants to know how more oils will upgrade her life. She is also such a strong believer that she is buying the first month's worth of oils and Lifelong Vitality FOR another lady- a young mother of several young children

REGIMEN

If you know somebody who's been diagnosed or suffering with cancer, THERE IS HOPE! “It's never too late to help the people that are still here.”

It doesn't matter what kind of cancer a person is suffering from, cancer is cancer, and these are the oils and supplements you are recommended to use regardless.

There are no contraindications with any of these oils or supplements- they will not have an adverse reaction with any pharmaceutical medications you or your loved ones might also be taking.

LIFELONG VITALITY

BeBe's mom is also taking Lifelong Vitality. It is loaded with HIG AMOUNTS of antioxidants, essential for battling cancer and restoring cellular health. It also contains powerful anti-inflammatories.

FRANKINCENSE-TOPICALLY, neat (undiluted)- 2 drops on feet multiple times per day TOPICALLY, neat- directly over cancerous tumors morning and night (can also be diffused aromatically and taken internally in veggie caps or added to other oils in a veggie cap) At first you should be going through about 1 bottle of Frankincense every week and a half, and after a couple of months only a couple of bottles per month will be necessary. When layering oils, wait about 30 seconds to a minute between oils. Always use peppermint or any oil that contains peppermint last, as peppermint is a driver, and drives the oils deeper and faster into the tissues.

DDR Prime-

TOPICALLY- Apply neat to bottoms of feet and cancerous tumors. Dilute with carrier oils (fractionated coconut oil or olive oil) if skin is sensitive. Usually bottoms of feet are not sensitive, so it can always be applied neat to that area.

INTERNALLY- 6-8 capsules per day, or 6-8 drops in a veggie cap, 6-8 times per day BeBe's mom is also taking between 6 and 8 capsules a day of DDR Prime. This is an essential oil blend, which comes in both an oil and a capsule. In the oil form, it can be applied topically, either neat or diluted for sensitive skin, or put 6-8 drops into a veggie cap and swallowed. BeBe's mom is healthy enough right now to take capsules. However,
in the beginning, when she could not swallow, she would apply the DDR Prime oil topically on her feet and tumors and spine and wherever.

**WINTERGREEN-**

TOPICALLY, neat, to any area of pain and to bottoms of feet. Layer on after the frankincense and DDR Prime. If you're also using Peppermint for additional anti-inflammatory and pain management always use peppermint or any oil that contains peppermint last, as peppermint is a driver, and drives the oils deeper and faster into the tissues.

Natural pain killer with no side effects. Pain will decrease as the cancer dies off.

**RESOURCES**

**AVAILABLE TO PURCHASE** [www.aromatools.com](http://www.aromatools.com)

*Modern Essentials: A Contemporary Guide to the Therapeutic Use of Essential Oils*

**Item # 1151** Get the 4th edition (has the new product, DDR Prime in it) $24.95 + tax & shipping.

**'Essential Oil Cancer Research', by Nicole Stevens**

**Item # 8981** These little booklets are great, only $3.95 each + tax & shipping. They also come in little mini-brochures for $0.40 each, item #4045a. My team leaders will want to check out item #8250, which includes a booklet, a power-point presentation and 10 brochures. I have some here locally for $5 each.

**“Essential Oil Miracles” booklet, package of 10** **Item # 8884** This booklet is a compilation of different "miracles" individuals have experienced as they have used essential oils to treat various ailments, plus their before and after pictures!! The pack of 10 is $10 + tax & shipping, locally from me they're $1.75 each.

**FREE ONLINE INFORMATION RESOURCES**

[www.aromaticscience.com](http://www.aromaticscience.com)

Contains an abundance of documented, unbiased research on essential oils Health issues as well as oils can be looked up on this site. It is the brain-child of Dr. David Hill, dōTERRA’s Chief Medical officer and also one of it's founders.

[www.everythingessential.me](http://www.everythingessential.me)

A great site for looking up information! Health concerns and protocols (which oils to take for what, and how to take them) can be looked up alphabetically. You can also look up
info on each oil, blend, wellness or spa product that doTERRA offers, plus more! Be sure to check out the short CPTG video on that site- just scroll down on the home page on the right side.

http://www.oilsmentor.com
A great site to learn more about the individual oils and blends, go to Product education audio and pick the oil you would like to know more about and listen to Dr. Susan Lawton (She has have 40 years experience using essential oils) and Lil Sheppard share what the oils are best at. Sit back and take notes, and print out the product information pages and save them in a notebook.